

PROFESSIONAL PROGRAM IN

Child and Adolescent Treatment

Advanced training for licensed clinicians and allied health professionals

Children and adolescents have unique issues that require treatment tailored to their specific emotional needs, developmental issues, and family circumstances. The Professional Program in Child and Adolescent Treatment offers a series of advanced and topical workshops designed to help mental health professionals stay current in their work with children, adolescents, and their families. This program offers participants the opportunity to obtain CEUs and a certificate of completion in this specialized area of practice.

Program Benefits

Participants gain an understanding of current issues relating to the treatment of children, adolescents, and their families, and will be better able to make diagnoses, assessments, informed referrals, and other professional recommendations related to their current practice. All workshops are approved for CEUs for psychologists, LCSWs, MFTs, and RNs. The program allows participants to focus their mandatory CEUs in a course of study on this population.

Program Requirements and Structure

To receive a certificate of completion, you must complete the two required workshops (12 hours each), as well as 48 hours of elective workshops, for a total of 72 hours. A range of electives will be offered on a regular basis by outstanding researchers and clinicians in the field. Students may specialize in age-specific practice, selected methods of intervention, or common presenting problems. All participants are also strongly encouraged to take at least one workshop on psychological testing and/or cross-cultural practice with children and families. The minimum amount of hours to earn a certificate of completion is 72.

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Required Workshops (12 hours each)

- Treatments That Work: Evidence-Based Psychotherapy for Children and Adolescents —offered spring term (1.2 ceu)
- Psychiatric Disorders in Children and Adolescents: Diagnostic Evaluation and Treatment —offered fall term (1.2 ceu)

Electives (partial list)

- Assessment and Treatment of Coexisting Disorders in Adolescents (0.6 ceu)
- Child Neuropsychology (0.7 ceu)
- Childhood Mood Disorders: Cognitive-Behavioral Assessment and Treatment (0.6 ceu)
- Current Practices in Psychological Testing and Assessment of Children and Adolescents (0.7 ceu)
- Loss and Grief with Children, Youth, and Families (1.2 ceu)
- Working with Children and Adolescents in Non-Traditional and Adoptive Families (0.7 ceu)
- Promoting Resiliency in Children and Families (1.2 ceu)
- Using Age-Appropriate Expressive Art Interventions with Children and Youth (1.5 ceu)
- Working with Adolescents in Crisis (1.0 ceu)
- Special topics to be announced

Courses may be taken in any order, although it is recommended to take the required workshops first: Treatments That Work: Evidence-Based Psychotherapy for Children and Adolescents and Psychiatric Disorders in Children and Adolescents: Diagnostic Evaluation and Treatment.

Note: All course offerings are subject to change.

(continued)



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Professional Program in Child and Adolescent Treatment *(continued)*

Prerequisites

Although there are no specific degree or course requirements for this series of workshops, it is primarily intended for health and mental health professionals who have a graduate degree in a related field and are licensed nurses, psychologists, clinical social workers, or marriage and family therapists. Other professionals, such as child and young adult librarians, teachers, child care professionals, school counselors, etc. are also welcome to enroll in selected courses or complete the entire program.

Course Credit

Participants can earn 7.2 CEUs (72 hours of continuing education credit) and specialize their professional development work in the area of child and adolescent treatment.

Value of a UC Berkeley Extension Professional Program

As the continuing education arm of UC Berkeley, one of the finest public research institutions in the United States, UC Berkeley Extension has an unmatched reputation for excellence. A UC Berkeley Extension Professional Program earns participants a respected credential certifying successful completion of a high-caliber, in-depth course of study. The Professional Program in Child and Adolescent Treatment allows clinicians to focus their learning on this specialized population and list its completion on résumés, CVs, and job applications.

Locations

Courses may be scheduled in Berkeley as well as at both UC Berkeley Extension centers in San Francisco, and are usually held on a Friday or Saturday (please check schedule each term for exact times and locations).

Fees

Each workshop is paid for separately at the time of enrollment. Individual course fees may vary from term to term. The total estimated cost for the entire program is approximately \$2,000.

How to Begin

To begin the program, simply enroll in your first workshop and continue taking workshops each term until you have completed the 72 hours of coursework. Be sure to indicate on the Extension course roster that you wish to receive CE credit for the course. This will trigger a record of your attendance. **To enroll, go to www.unex.berkeley.edu/enroll or call (510) 642-4111.**

Completion Requirements

This program does not require an application or a certificate program fee. You must request CE credit on each course roster to have your hours recorded in your student record. When you have completed the program, call (510) 643-3883 to request your certificate of completion.

The program can be completed at your own pace. It will take a minimum of three terms (one year) to complete the program; however, the courses can be taken over the course of several years.

More Information

Call (510) 643-3883, e-mail counspsy@unex.berkeley.edu, or visit www.unex.berkeley.edu/cert/child.html.

For a Free Course Catalog

Call (510) 642-4111 or (888) UC SMART, or visit www.unex.berkeley.edu/cat.

www.unex.berkeley.edu/cert/child.html



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