

PROFESSIONAL PROGRAM IN

The Study of Loss and Grief

Advanced training for
licensed clinicians
and allied health professionals

The Professional Program in the Study of Loss and Grief is designed for professionals who work with people who have experienced loss and grief. Workshops in this program provide an update in the field of grief counseling in a variety of settings. The program includes a three-day introductory institute and a series of advanced workshops on such topics as children and families, spirituality, violence and healing, cross-cultural aspects of loss and grief, and somatics. All workshops are approved for CEUs for LCSWs, MFTs, RNs, and psychologists (APA).

These workshops are not recommended for the newly bereaved.

Program Benefits

Participants gain an understanding of current issues in the field of loss and grief and will be better able to make assessments, informed referrals, and other professional judgments. Participants also earn continuing education units while focusing their study in this growing field of clinical work.

Program Requirements and Structure

To complete the professional program and earn a certificate of completion, you are required to take the three-day institute Introduction to Loss and Grief Issues: Refreshing Old Skills, Learning New Skills (18 hours), and the Clinical Case Seminar in Loss and Grief (12 hours), and two or more elective workshops from selections offered throughout the year. The minimum number of hours to earn a certificate is 64 (6.4 ceu).

Required Workshops

- Introduction to Loss and Grief Issues: Refreshing Old Skills, Learning New Skills —offered spring term (1.8 ceu)
- Clinical Case Seminar in Loss and Grief —offered summer term (1.2 ceu)

Electives (partial list)

- Cross-Cultural Aspects of Loss and Grief (1.2 ceu)
- Grief Support: After a Sudden Death or Long-Term Illness (1.2 ceu)
- Loss and Grief with Children, Youth, and Families (1.2 ceu)
- Somatic Aspects of Loss and Grief (1.2 ceu)
- Spiritual Approaches to Loss in Aging, Illness, and Death (1.2 ceu)
- Teens, Violence, and Grief (0.6 ceu)
- Support Group Facilitation Skills for Mental Health Professionals (0.6 ceu)
- Special topics to be announced

Although electives can be taken in any order, we recommend starting with the three-day introductory institute before enrolling in the Clinical Case Seminar in Loss and Grief. *Note:* All course offerings are subject to change.

(continued)



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Professional Program in the Study of Loss and Grief *(continued)*

Prerequisites

Although there are no specific degree or course requirements for this series of workshops, it is primarily intended for mental health clinicians who have a graduate degree in the field and are licensed nurses, psychologists, clinical social workers, or marriage and family therapists. Other professionals such as rehabilitation counselors, physical and massage therapists, and counselors also typically take courses in this program.

Course Credit

Participants can earn 6.4 CEUs (64 hours of continuing education credit) and specialize their professional development work in the study of loss and grief.

Value of a UC Berkeley Extension Professional Program

As the continuing education arm of UC Berkeley, one of the finest public research institutions in the United States, UC Berkeley Extension has an unmatched reputation for excellence. A UC Berkeley Extension Professional Program earns participants a respected credential certifying successful completion of a high-caliber, in-depth course of study. The Professional Program in the Study of Loss and Grief allows clinicians to focus their learning on this specialized clinical area and list its completion on résumés, CVs, and job applications.

Locations

Courses for this program are typically held in Berkeley and are held on Fridays and on the weekend (please check schedule each term for exact time and location).

Fees

Each workshop is paid for separately at the time of enrollment. Individual course fees may vary from term to term. The total estimated cost for the entire program is approximately \$2,000.

How to Begin

To begin the program, simply enroll in your first workshop and continue taking workshops each term until you have completed the 64 hours of coursework. Be sure to indicate on the Extension course roster that you wish to receive CE credit for the course. **To enroll, go to www.unex.berkeley.edu/enroll or call (510) 642-4111.**

Completion Requirements

This program does not require an application or a certificate program fee. You must request CE credit on each course roster to have your hours recorded in your student record. When you have completed the program, call (510) 643-3883 to request your certificate.

The program can be completed at your own pace. It will take a minimum of three terms (one year) to complete the program; however, the courses can be taken over the course of several years.

More Information

Call (510) 643-3883, e-mail counspych@unex.berkeley.edu, or visit www.unex.berkeley.edu/cert/loss.html.

For a Free Course Catalog

Call (510) 642-4111 or (888) UC SMART, or visit www.unex.berkeley.edu/cat.

www.unex.berkeley.edu/cert/loss.html



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