

PROFESSIONAL PROGRAM IN

Aging & Mental Health

Advanced training for licensed clinicians and allied health professionals who work with older adults and their families

As the U.S. population ages, the growing number of age-related morbidities creates an ever-increasing need for professional care. UC Berkeley Extension's Professional Program in Aging and Mental Health offers licensed health and mental health professionals the opportunity to obtain continuing education units and a certificate of completion in this specialized area of practice.

Program Benefits

Those who complete the program can expect to enhance their clinical skills in a variety of settings. Participants gain an understanding of current issues in the field of aging and mental health and improve their ability to make assessments, informed referrals, and other decisions related to patient care. All workshops are approved for CEUs for psychologists, LCSNs, MFTs, and RNs.

Program Requirements and Structure

To earn a certificate of completion, you must complete two required workshops (12 hours each) and 36 hours of additional elective workshops for a minimum total of 60 hours. The program takes a minimum of three terms to complete, and students may take up to five years to finish the program. Substitutions and waivers are not allowed.

Required Workshops (12 hours each)

- Assessment and Treatment of Mental Illness in Older Adults—offered fall term (1.2 ceu)
- Clinical Case Seminar on Aging and Mental Health—offered summer term (1.2 ceu)

Electives (partial list)

- Addressing Alcohol and Drug Problems in the Treatment of Aging and Mental Health (0.6 ceu)
- Neuropsychiatric Symptoms and Diagnostics of Dementia (0.6 ceu)
- Health and Aging: Current Issues and Challenges (1.4 ceu)
- Treating Depression in Older Adults (0.6 ceu)
- Art Therapy with the Elderly (0.8 ceu)
- Spiritual Approaches to Loss in Aging, Illness, and Death (1.2 ceu)
- Alzheimer's Disease and Memory Loss: Working with Families (0.6 ceu)
- Working with Older Persons in High-Conflict Families (0.6 ceu)

Workshops may be taken in any order, although it is recommended that you take the required Assessment and Treatment of Mental Illness in Older Adults first and the Clinical Case Seminar on Aging and Mental Health workshop toward the program's end.

(continued)



UC Berkeley Extension

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The Professional Program in Aging & Mental Health

AT UC BERKELEY EXTENSION

Prerequisites

While no specific degree or previous coursework is required, this program is primarily intended for mental health clinicians, nurses, and social services professionals who have a graduate degree in the field and are licensed psychologists, clinical social workers, or marriage and family therapists. Psychiatrists and psychiatric nurses, as well as a range of professionals working in long-term care settings, may also take workshops in this program.

Course Credit

Participants earn a total of 6.0 CEUs (60 hours) and can specialize their professional development work in the area of aging and mental health treatment.

Value of UC Berkeley Extension Professional Program

As the continuing education arm of UC Berkeley, one of the finest public research institutions in the United States, UC Berkeley Extension has an unmatched reputation for excellence. A UC Berkeley Extension professional program earns participants a respected credential certifying successful completion of a high-caliber, in-depth course of study. The Professional Program in Aging and Mental Health allows clinicians to focus their learning in this specialized area of practice and list its completion on résumés, CVs, and job applications.

Locations

Workshops are scheduled both in Berkeley and in the UC Berkeley Extension centers in San Francisco, and are usually held on a Friday or Saturday (please check the schedule each term for exact time and location).

Fees

Each workshop is paid for separately at the time of enrollment. Individual course fees may vary from term to term. The total estimated cost for the entire program is approximately \$1,800.

How to Begin

To begin the program, simply enroll in your first workshop and continue taking workshops each term until you have completed the 60 hours of coursework. To enroll, go to www.unex.berkeley.edu/enroll or call (510) 642-4111.

Completion Requirements

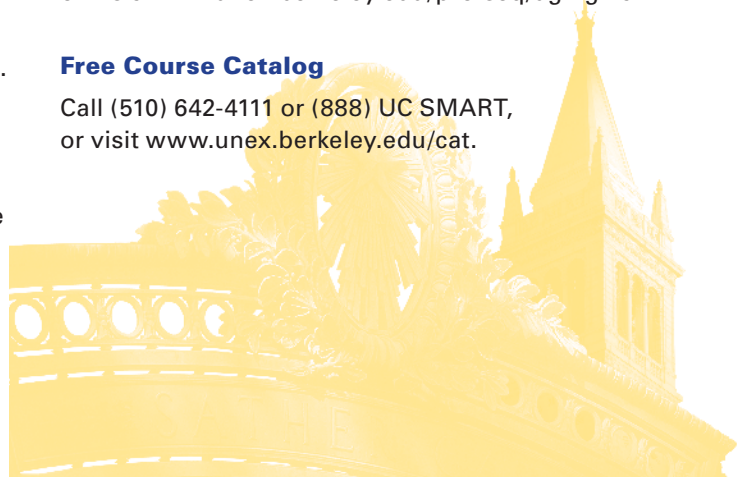
This program does not require an application or a certificate program fee. With each course, indicate on the Extension course roster that you wish to receive CE credit. This request for CE credit on each course roster will ensure that your hours are recorded in your student record. When you have completed the program, call (510) 643-3883 to request your certificate of completion.

More Information

Call (510) 643-3883, e-mail counspych@unex.berkeley.edu, or visit www.unex.berkeley.edu/profseq/aging.html.

Free Course Catalog

Call (510) 642-4111 or (888) UC SMART, or visit www.unex.berkeley.edu/cat.



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www.unex.berkeley.edu