PROFESSIONAL PROGRAM IN

Aging and Mental Health

Recipient of the 2012 Outstanding Noncredit Program Award by the University Professional and Continuing Education Association (UPCEA)

As the U.S. population ages, the number of age-related morbidities increases and the need for knowledgeable health, social service and mental health professionals continues to grow. The Professional Program in Aging and Mental Health includes a series of continuing education unit (CEU) workshops offered by leading researchers and clinicians in the Bay Area. Workshops in this program provide an update on aging and mental health research and counseling tools used in a variety of settings. Courses are aimed at helping professionals stay current in this field and become better clinicians in working with older adults and their families.

2 Required Workshops, 36 Hours of Electives*, 6.0 ceu
60 Hours of Instruction

Assessment and Treatment of Mental Illness in Older Adults  PSYCH 1007
(1.2 ceu)
Learn how to identify the difference between normal aging and some of the medical or psychiatric illnesses commonly associated with aging.

Clinical Case Seminar on Aging and Mental Health  PSYCH 1015 (1.2 ceu)
Examine your own practice, and enhance your ability to work with the elderly and their families in a variety of settings.

*See the website for a complete list of available electives. Course availability is subject to change.

Learn more at extension.berkeley.edu/spos/aging.html
**Prerequisites for Admission**

There are no specific degrees required for the Professional Program in Aging and Mental Health.

**Curriculum and Completion Requirements**

The curriculum comprises 2 required workshops and 36 hours of electives for a total of 6.0 ceu (60 hours of instruction).

Be sure to indicate on the Extension course roster that you wish to receive continuing education units for the course. This generates a record of your attendance and a letter of completion for reporting to your state licensing board.

The program can be completed at your own pace. It takes a minimum of three semesters to complete the program; however, all coursework must be completed within five years of registering for the program.

**Licensing/Relicensing Requirements and Continuing Education Units**

The continuing education (CE) credit for each course, if available, is listed after the course title in the online and print catalogs. We use the following abbreviations:

- **BRN**: Board of Registered Nursing (Provider 00226)
- **LCSW/MFT**: courses that meet the qualifications for CE credit for LCSWs and MFTs as required by the California Board of Behavioral Sciences (PCE 1505)
- **CE credits for psychologists**: UC Berkeley Extension is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. UC Berkeley Extension maintains responsibility for this program and its content.

**Value of a UC Berkeley Extension Specialized Program of Study**

As the continuing education arm of the University of California, Berkeley, UC Berkeley Extension is a respected provider of adult and professional education. Fulfilling the requirements for a UC Berkeley Extension specialized program of study reflects the successful completion of a high-caliber, in-depth sequence of courses.

**Learn More**

For additional information about the Professional Program in Aging and Mental Health, visit extension.berkeley.edu/spos/aging.html, email extension-counspsych@berkeley.edu or call (510) 643-3883.