CERTIFICATE PROGRAM IN

Alcohol and Drug Abuse Studies

Become a Leader in the Field of Addictions Counseling

“I don’t think I could have chosen a better path. It was a dream that has become attainable.”

—Debbi Bonjour
One of the first and best of its kind in the U.S., the Certificate Program in Alcohol and Drug Abuse Studies can help you start a career in addictions counseling or enhance your counseling expertise. Developed in association with the University of California, Berkeley, School of Public Health, this certificate raises the quality of professionalism in addictions counseling.

Following a three-level, developmental approach to the critical issues contributing to substance abuse, the curriculum begins with a thorough foundation in the biomedical, cultural, historical and psychological aspects of chemical dependency. It then covers the knowledge and skills needed to work effectively in the field and culminates with intervention instruction, career-preparatory courses and internship options, providing practical experience to ensure you remain effective and employable in this demanding field. UC Berkeley–approved instructors, who are leaders in the field, provide the most current, evidence-based approaches to prevention, assessment, treatment and continuing care.

UC Berkeley Extension’s Certificate Program in Alcohol and Drug Abuse Studies is approved by the California Consortium of Addiction Programs and Professionals.
CULTURAL, SOCIAL AND HISTORICAL OVERVIEW OF ADDICTION, TREATMENT AND RECOVERY
PB HLTH X128 (2 semester units)

INTEGRATED BEHAVIORAL PHARMACOLOGY OF SUBSTANCE USE AND MENTAL HEALTH DISORDERS
PB HLTH X126 (2 semester units)

INTRODUCTION TO COUNSELING TECHNIQUES IN THE TREATMENT OF SUBSTANCE USE DISORDERS
PB HLTH X129 (1 semester unit)

PSYCHOLOGICAL FOUNDATIONS OF ADDICTIONS
PB HLTH X127 (2 semester units)

ADDRESSING CO-OCCURRING DISORDERS IN ADDICTIONS COUNSELING
PB HLTH X143 (1 semester unit)

CAREER PREPARATION AND SELF-CARE IN WORKING WITH INDIVIDUALS WITH SUBSTANCE USE DISORDERS
PB HLTH 1004 (0.3 ceu)

CONTINUING CARE AND CASE COORDINATION IN ADDICTIONS TREATMENT
PB HLTH X134 (2 semester units)

DIAGNOSIS AND ASSESSMENT OF PEOPLE WITH SUBSTANCE USE DISORDERS
PB HLTH X132 (2 semester units)

ENVIRONMENTAL STRATEGIES FOR THE PREVENTION OF ALCOHOL AND DRUG-RELATED PROBLEMS
PB HLTH X151 (1 semester unit)

FAMILY RECOVERY IN ADDICTIONS TREATMENT
PB HLTH X116 (1 semester unit)

GROUP PROCESS AND PRACTICE IN ADDICTIONS TREATMENT
PB HLTH X144 (1 semester unit)

LEGAL AND ETHICAL ASPECTS OF ADDICTIONS COUNSELING
PB HLTH X135 (1 semester unit)

COUNSELING INTERVENTIONS IN THE TREATMENT OF SUBSTANCE USE DISORDERS
PB HLTH X133 (3 semester units)

FIELD EXPERIENCE IN ADDICTIONS COUNSELING
PB HLTH X109 (2 semester units)

FIELD EXPERIENCE IN ADDICTIONS COUNSELING—CADC OPTION
PB HLTH X159 (3 semester units)

*Please visit the website for the list of all available electives.
Prerequisites for Admission

The Certificate Program in Alcohol and Drug Abuse Studies requires a high school diploma or equivalent. For individuals with a history of substance use disorders, two years in recovery are required.

Curriculum Requirements

The curriculum comprises 14 required courses (21–22 semester units and 0.3 ceu) and an additional 18 hours of electives (1.8 ceu) for a total of 342 hours of instruction. If you choose the CADC field seminar option, the certificate has a total of 357 hours of instruction. Candidates must pay a nonrefundable certificate registration fee.

All coursework must be completed within five years of registering for the certificate. Because requirements may be updated based on new developments in the field, we recommend completing the curriculum in a timely fashion.

You may start the Certificate Program in Alcohol and Drug Abuse Studies at any time. Enroll in courses and register at extension.berkeley.edu/cert/alcohol.html.

Completion Requirements

You must maintain an overall minimum 2.5 grade point average, with a grade of C or better in each course. A Certificate with Distinction will be awarded to those who complete the certificate with a GPA of 4.0 or higher.

Despite being nervous about returning to school at 40, single mother Debbi Bonjour feels embraced within the supportive community of the Certificate Program in Alcohol and Drug Abuse Studies. “I am continually inspired and enthralled by both instructors and students,” she says. “I became the type of student who sat in the front on the edge of my seat, obtaining invaluable tools from instructors, as well as harm-reduction and abstinence-treatment professionals. I belong to an eclectic community of students who share our experience and insight with each other.”
“Having worked as a psychologist at Kaiser Permanente’s Chemical Dependency Recovery Program for many years, and now in my role as adviser and instructor in UC Berkeley Extension’s Alcohol and Drug Abuse Studies certificate, I very much enjoy the opportunity to teach this next generation of addictions counselors. It allows me to convey the practice skills needed to continue to move this critical field forward.”

—Jimmie Turner, Ph.D., Extension Honored Instructor, John F. Kennedy University Professor of Psychology

“UC Berkeley Extension’s Alcohol and Drug Abuse Studies certificate draws upon some of the most current research and evidence-based practice in addictions treatment—and recruits some of the most talented instructors in the Bay Area. This is just what the field needs!”

—Thomas K. Greenfield, Ph.D., Public Health Institute Alcohol Research Group Center Director and Scientific Director
How to Register for This Professional Certificate

Before you complete the second course in the curriculum, you should register for the Certificate Program in Alcohol and Drug Abuse Studies at extension.berkeley.edu/cert/register.html.

Click on the More Information button next to the certificate title to begin the registration process. Complete your student account profile if you are a new student, and pay the nonrefundable certificate registration fee.

You may enroll in individual courses without registering for the Certificate Program in Alcohol and Drug Abuse Studies.

Value of a UC Berkeley Extension Professional Certificate

As the continuing education arm of the University of California, Berkeley, UC Berkeley Extension is a respected provider of adult and professional education. A UC Berkeley Extension professional certificate is approved by a UC Berkeley academic advisory board and widely recognized as proof of the successful completion of a high-caliber, in-depth course of study.

Learn More

For additional information about the Certificate Program in Alcohol and Drug Abuse Studies, visit extension.berkeley.edu/cert/alcohol.html, email extension-alcoholdrug@berkeley.edu or call (510) 642-1061.