PROFESSIONAL PROGRAM IN

The Study of Loss and Grief

Recipient of the 2012 Outstanding Noncredit Program Award by the University Professional and Continuing Education Association (UPCEA)

The Professional Program in the Study of Loss and Grief is designed for professionals in a variety of settings who work with people who have experienced loss and grief. Participants gain an understanding of current issues in the field of loss and grief counseling and become better able to make assessments and informed referrals. The program includes a three-day introductory institute; the Clinical Case Seminar in Loss and Grief; and a series of advanced workshops on topics such as children and families, spirituality, violence and healing, cross-cultural aspects of loss and grief, and somatics.

2 Required Workshops, 41 Hours of Electives*, 6.0 ceu
60 Hours of Instruction

**Introduction to Loss and Grief: Refreshing Old Skills, Learning New Skills**  PSYCH 1040 (1.2 ceu)
Receive an overview of some of the recent approaches to grief counseling and focus on key topics in the field, including community violence, long-term illness, sudden death, cross-cultural grief, family grief, children and grief, and somatic aspects of grief.

**Clinical Case Seminar in Loss and Grief**  PSYCH 1014 (0.7 ceu)
Apply the learning acquired in other courses, and increase your understanding of your own counseling style and skills.

*See the website for a complete list of available electives. Course availability is subject to change.

Learn more at extension.berkeley.edu/spos/loss.html
**Prerequisites for Admission**
There are no specific degrees or course requirements for the Professional Program in the Study of Loss and Grief.

**Curriculum and Completion Requirements**
The curriculum comprises 2 required workshops and 41 hours of electives for a total of 6.0 ceu (60 hours of instruction). You are required to take the three-day institute Introduction to Loss and Grief Issues: Refreshing Old Skills, Learning New Skills PSYCH 1040 (1.2 ceu, 12 hours); Clinical Case Seminar in Loss and Grief PSYCH 1014 (0.7 ceu, 7 hours); and a minimum of 3 electives.

Be sure to indicate on the Extension course roster that you wish to receive continuing education units for the course. This will initiate a record of your attendance and a letter of completion for reporting to your state licensing board.

The program can be completed at your own pace. However, requirements may be updated based on new developments in the field of study; we recommend completing the curriculum in a timely fashion.

**How to Register for This Specialized Program of Study**
Register for the Professional Program in the Study of Loss and Grief at extension.berkeley.edu/cert/register.html. Click on the More Information button next to the program title to begin the registration process. Complete your student account profile if you are a new student, and pay the nonrefundable program registration fee.

You may enroll in individual courses without registering for the Professional Program in the Study of Loss and Grief.

**Value of a UC Berkeley Extension Specialized Program of Study**
As the continuing education arm of the University of California, Berkeley, UC Berkeley Extension is a respected provider of adult and professional education. Fulfilling the requirements for a UC Berkeley Extension specialized program of study reflects the successful completion of a high-caliber, in-depth sequence of courses.

**Learn More**
For additional information about the Professional Program in the Study of Loss and Grief, visit extension.berkeley.edu/spos/loss.html, email extension-counspsych@berkeley.edu or call (510) 643-3883.